



Girls Summer Spikefest– Tournament Rules & Guidelines

Event Overview

- **Format:** Girls Quads Indoor Volleyball
 - **3 Divisions:** Grades 7&8, Grades 9&10, Grades 11&12 (grade entering for 2026-2027)
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Team & Match Format

- **Team Size:** 4 players on the court (may have a 5th for a sub)
- **Minimum Players to Start:** 4 players
- **Match Length:** All matches will be best 2 out of 3. First 2 sets to 21 with the 3rd deciding set played to 15 switching sides at 8. There is NO CAP on scoring.

*Rock Paper Scissors between captains to determine serve and side (switch sides each set)

General Gameplay Rules

- **Timeouts:** During each set, each team is allowed one timeout of 30 seconds in duration
 - **Serving:** Please keep serving in order. A served ball may contact the net and be playable.
 - A serve may not be blocked or attacked with downward trajectory
 - **Ball Handling:**
 - Double contacts – call your own per standard indoor rules.
 - Lifts/carries – call your own per standard rules.
 - A “touch” on a block does not count as a hit.
 - Foot digs are legal as long as the ball does not come to rest.
 - **Net Violations:** Any contact with the net during play results in a fault – call your own
 - Hair touching the net does not count as a net violation
 - **Foot Faults:** Players must not step over the service line during a serve
 - **Centerline Violations:** A center line violation occurs if a player impedes the playing ability of the opponent through contact beneath the net.
 - **Rotations:** Players do not have to “rotate” positions on the court, but they must rotate the server. Please remember your service order and state the score before serving.
 - **Attacking:** This event is “Power 4s,” meaning there is no back-row hit rule. All 4 players can hit from anywhere on the court.
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Sportsmanship & Conduct

- Unsporting behavior may result in penalties or removal from the tournament
 - If you have concerns, please inform the tournament director.
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Facility & Check-In Information

- **Location:** Community First Champion Center – Appleton, WI
- **Check-In Time:** 1:00pm

- **First Serve:** 2:00pm
- **What to Bring:** Indoor shoes, water bottle, team jersey/color
- **ALL PLAYERS MUST FILL OUT A WAIVER BEFORE GAMEPLAY BEGINS** – SEE EMAIL FROM MATT EDWARDS AFTER REGISTRATION (medwards@championcenterwi.com)

NOTE: This tournament is self-officiated by the teams playing in an honor system with **good sportsmanship**. Teams are encouraged to call their own violations, including net violations, lifts, etc. Teams also call the ball in or out on their side of the court (while on defense).

If an opposing team is making a recurring violation (in the net, for example), a team may call the violation in a sportsmanlike manner, explaining their call or asking the tournament director for assistance.